

## Girls All-Time 4x400 Relay

3:50.12	Lakeville South	2015	(H Lubow, K Larson, C Slattery, J Mosser)	3:55.88	Grand Rapids	2002
3:51.26	Hopkins	2011	(S. Rouse, M Witt, B Sweeney, H Borowsky)	3:55.90	Rocori	2003
3:51.28	Hopkins	2010	(M Witt, S. Rouse, B Sweeney, H Borowsky)	3:55.90	White Bear Lake	2017
3:51.48	Prior Lake	2010	(S Kemper, M Lesmeister, P Foster, H Kemper)#	3:55.95	Stillwater	1980
3:51.63	East Ridge	2014	(K Joiner, B Goertzen, K Marcus, S Gramer)	3:56.00	Anoka	2017
3:51.65	Minnetonka	2014		3:56.04	Anoka	2000
3:51.89	Rosemount	2019		3:56.09	Hopkins	2009
3:52.13	Apple Valley	1997		3:56.13	Anoka	2003
3:52.34	Rosemount	2011		3:56.13	Lakeville South	2012
3:52.39	Wayzata	2014		3:56.13	Rosemount	2022
(10)				(70)		
3:52.54	Lakeville South	2014		3:56.20	Cretin-Derham Hall	2017
3:52.78	Mounds View	2007		<b>3:56.21</b>	<b>Blaine</b>	<b>2023</b>
3:52.82	Prior Lake	2011		3:56.23	Red Wing	1989
3:53.03	Minnetonka	2013		3:56.24	Eagan	2016
3:53.29	Eagan	2015		3:56.27	Prior Lake	2014
3:53.37	Burnsville	2004		3:56.30	Rocori	2016
<b>3:53.44</b>	<b>Wayzata</b>	<b>2023</b>		3:56.34	Lakeville South	2016
3:53.49	Eagan	2022		3:56.41	Minnetonka	2008
3:53.76	Eden Prairie	2001		3:56.41	Bloomington Jefferson	2017
3:53.88	Eastview	2001		3:56.49	Park Cottage Grove	1988
(20)				(80)		
3:54.05	Wayzata	2015		3:56.49	Minnetonka	2011
<b>3:54.15</b>	<b>Minnetonka</b>	<b>2023</b>		3:56.4 *	Anoka	1982
3:54.21	Edina	2021		3:56.70	Roseville Area	2010
3:54.33	Anoka	2001		3:56.71	Mounds View	2014
3:54.34	Little Falls	1989		3:56.73	Woodbury	2005
3:54.37	Mankato East	2005		3:56.75	Minnetonka	2015
3:54.46	Lakeville South	2013		3:56.78	Wayzata	2016
3:54.46	Irondale	2016		3:56.6 *	Rochester Mayo	1977 (3:58.0y)
3:54.51	Farmington	2011		3:56.87	Anoka	2005
3:54.52	Hopkins	2007		3:56.87	Roseville Area	2019
(30)				(90)		
3:54.59	Mounds View	2010		3:56.88	Rosemount	2010
3:54.75	Eagan	2014		3:56.93	Eastview	2002
3:54.81	Hopkins	2008		3:56.94	Eden Prairie	2022
3:54.82	Bloomington Jefferson	2015		3:57.02	Anoka	1999
3:54.83	Minnetonka	2022		3:57.02	Benilde St. Margaret's	2000
3:54.90	Lakeville North	2007		3:57.03	Hill-Murray	2017
3:54.91	Prior Lake	2012		3:56.8 *	Stillwater	1981
3:54.92	Stillwater Area	2012		3:57.07	Apple Valley	1998
3:54.96	Wayzata	2019		3:57.07	Stillwater Area	2013
<b>3:54.98</b>	<b>Edina</b>	<b>2023</b>		3:57.07	Edina	2022
(40)				(100)		
3:55.01	Bloomington Jefferson	2016		3:57.08	Edina	2017
3:54.8 *	Anoka	1981		3:57.09	Anoka	2018
3:55.05	Mounds View	2011		3:57.16	White Bear Lake	2016
3:55.14	Mankato East	2004		3:57.24	Wayzata	2008
3:55.16	Mounds View	2008		3:57.35	Eden Prairie	2005
3:55.16	Minnetonka	2018		3:57.37	Rosemount	2015
3:55.17	Anoka	2002		3:57.37	Pequot Lakes	2018
3:55.20	Anoka	2004		3:57.40	Minnetonka	2012
3:55.0 *	Anoka	1980		3:57.2 *	Anoka	1977 (3:58.6y)
3:55.27	Minnetonka	2021		3:57.44	Rosemount	2008
(50)				(110)		
3:55.29	Minnetonka	1986		3:57.44	Pequot Lakes	2017
3:55.40	Mounds View	2009		3:57.45	Moorhead	2002
3:55.48	Eagan	2018		3:57.47	Eagan	2019
3:55.55	Woodbury	2011		3:57.50	Cretin-Derham Hall	2016
3:55.57	White Bear Lake	2019		3:57.53	Northfield	2018
3:55.64	Eden Prairie	2000		3:57.3 *	Rochester John Marshall	1977 (3:58.7y)
3:55.73	Stillwater Area	2010		3:57.62	Minnetonka	1984
3:55.73	Farmington	2013		<b>3:57.62</b>	<b>Roseville Area</b>	<b>2023</b>
3:55.6 *	Anoka	1986		3:57.63	Rocori	2015
3:55.86	Northfield	2019		3:57.4 *	Mounds View	1982
(60)				(120)		

3:57.64	Stillwater	1986	3:59.01	Worthington	1997
3:57.65	St. Cloud Tech	2007	3:59.01	Farmington	2022
3:57.65	Rocori	2017	3:59.03	Farmington	2014
3:57.70	Breck	2011	3:59.03	Fairmont	2016
3:57.70	Osakis	2012	3:59.04	Anoka	1992
3:57.74	Coon Rapids	2014	3:59.10	Rochester John Marshall	1984
3:57.85	Apple Valley	1996	3:59.12	Roseville Area	1996
3:57.89	Buffalo	2022	3:58.9 *	Alexander Ramsey	1977 (4:00.3y)
3:57.91	East Ridge	2012	3:58.9 *	Buffalo Lake	1977 (4:00.3y)
3:57.95	Worthington	1999	3:58.9 *	Mounds View	1983
(130)			(190)		
3:57.8 *	Alexander Ramsey	1976 (3:59.2y)	3:59.18	Roseville Area	2011
3:58.01	Hopkins	2022	3:59.18	Prior Lake	2017
3:58.05	Stewartville	2017	3:59.19	Mankato East	2003
3:58.09	Monticello	2019	3:59.19	Rochester Century	2003
3:58.11	Wayzata	2013	3:59.20	Little Falls	1988
3:58.12	Wayzata	2018	<b>3:59.20</b>	<b>Eden Valley-Watkins/K</b>	<b>2023</b>
3:58.13	Mounds View	2012	3:59.23	Totino Grace	2010
3:58.16	St. Paul Academy	2004	3:59.23	Bemidji	2015
3:58.18	Simley	2012	3:59.26	Holdingford	1999
3:58.19	Crookston	1985	3:59.26	Woodbury	2004
(140)			(200)		
3:58.20	Cretin-Derham Hall	2015	3:59.28	Pelican Rapids	2019
3:58.23	Shakopee	2016	3:59.32	Mesabi East	2019
3:58.23	Belle Plaine	2019	3:59.1 *	Mpls Southwest	1977 (4:00.5y)
3:58.25	Blue Earth Area	2016	3:59.34	Burnsville	2001
3:58.34	Lakeville	2002	3:59.37	St. Paul Central	2000
3:58.34	Osakis	2013	3:59.41	Rosemount	2021
3:58.36	Hopkins	2019	3:59.42	Northfield/ARTech	2017
3:58.37	Rocori	1987	3:59.45	Rosemount	2002
3:58.37	Farmington	2012	3:59.47	Mahtomedi	2009
3:58.42	Minnetonka	2010	3:59.51	Chanhassen	2016
(150)			(210)		
3:58.42	Roseville Area	2014	3:59.51	Saint Louis Park	2019
3:58.45	Monticello	2010	3:59.58	Apple Valley	2008
3:58.46	Oaskis	2014	3:59.58	Belle Plaine	2010
3:58.47	New Prague	2007	3:59.60	Blue Earth Area	2012
3:58.47	Eden Prairie	2009	3:59.61	Eden Prairie	2002
3:58.51	Moorhead	1991	3:59.62	Hutchinson	1999
3:58.51	Prior Lake	2013	<b>3:59.62</b>	<b>Eagan</b>	<b>2023</b>
3:58.53	Fergus Falls	2011	3:59.63	Shakopee	2017
3:58.54	Wayzata	2007	3:59.65	Blue Earth Area	2013
3:58.60	Wayzata	2004	3:59.66	Stewartville	2018
(160)			(220)		
3:58.63	Spectrum	2022	3:59.68	Chaska	1986
3:58.4 *	Anoka	1978 (3:59.8y)	3:59.68	Lakeville North	2006
3:58.4 *	Hill Murray	1979	3:59.71	Willmar	1997
3:58.64	Bemidji	2014	3:59.73	Grand Rapids	2001
3:58.73	Cedar Mountain	2005	3:59.77	Burnsville	2000
<b>3:58.75</b>	<b>Farmington</b>	<b>2023</b>	3:59.78	Plainview	1993
3:58.78	Eagan	2007	(226)		
3:58.78	Osakis	2011			
<b>3:58.79</b>	<b>Rochester Mayo</b>	<b>2023</b>			
3:58.82	St. Cloud Apollo	1980			
(170)					
3:58.6 *	Rochester John Marshall	1986 (4:00.0y)			
3:58.86	Prior Lake	2009			
3:58.87	St. Cloud Tech	2005			
3:58.89	Bemidji	2013			
3:58.90	Lakeville North	2018			
3:58.90	Rocori	2019			
3:58.92	St. Louis Park	2004			
3:58.93	Mesabi East	2018			
3:58.96	Blue Earth Area	2014			
3:58.97	Roseville Area	1991			
(180)					

\* = handheld time (add.24 seconds to convert to FAT)

y = One mile in yards which is approximately 1.4 seconds longer than 1600 meters

# = Possible team members- verification needed